



REAL REVIEW



HI KIM, IT'S RACHAEL, JUST WANTED TO SAY THANK YOU SO MUCH FOR YOUR SUPPORT AND ENCOURAGEMENT WITH DRIVING. I DEFINITELY COULDN'T HAVE GOT MY P'S WITHOUT YOU. I APPRECIATE EVERYTHING YOU'VE DONE FOR ME. IN A WAY I'M SAD THAT I'VE GOT THEM BECAUSE THAT MEANS NO MORE LESSONS WITH YOU :(ANYWAY I JUST WANTED TO SAY THANKS + HERE'S A PHOTO OF MY SUCCESS!

THE REAL TRUTH ABOUT WHERE YOU SHOULD OR SHOULDN'T TAKE YOUR TEST, THE LOWDOWN ON RTA ASSESSORS AND WHAT TO EXPECT ON THE DAY OF YOUR TEST BY KIM MARTIN

Kim is Certificate 4 Keys to driver accredited driving instructor and member of the "Australian Driver Trainers Association.

He is rated as an expert At hour" at ezinearticles.com and publisher of the Blacktown Fitness Newsletter at www.blacktownfitness.com And and owner of the Fit 2 Drive School www.fit2driveschool.com

I get asked questions regarding what to expect on the day of the test, whether all RTA inspectors are "out to get" learners and what it takes to pass your test first time, well you asked.

I Delivered! So Here Goes, The No BS Truth About What To Expect On The Day Of Your Test And How You Can Stack The Odds In Your Favour Of Succeeding First Time.

Regularly I hear stories about particular assessors the "good" the "bad" the mean the nasty etc! So let me be clear on this. The guys and girls that take you out on your test are HUMAN beings, DUH!

So forget about going for your test to a particular location, my suggestion? Go to whatever one is most convenient.

Now I'll explain what I meant by saying that they're (the assessors) are "Human Beings".

Folks in all areas of your life you'll encounter people who for whatever reason are simply miserable souls. Perhaps it's the way they've mistreated their bodies, perhaps they've got crappy relationships and are too afraid to do anything about it. Maybe their dogs and children detest them ☺

Who knows? Perhaps they've just given up on working on themselves and find it far easier and pleasurable to make life shitty for the people around them.



Now some of these people have “authority” meaning they work in some area of the government or private enterprise that has the potential to make life tough for those that dare question their “authority” or don’t “toe the line”(whatever that line might be) and *yep, some of them won’t like the way you look, talk, dress or sound.*

This, guys and girls is the only “power” that these sort of people own, the opportunity to “win” by making some else “lose” by making their circumstances difficult.

I’ve met them and I’m sure you have to. At the RTA and elsewhere. They exist!

I know that isn’t “fair” but hopefully you’ll all have realised by now that life isn’t “fair”(And I’ll confess it’s sometimes hard not to “bite” when some officious little twerp wants to make sure that all the “I”s are dotted perfectly and the “t”s are up to his or her standard of perfection.)

Over the years I’ve mostly learnt to let this sort of treatment go and I make an effort to be nice to them. It makes me feel better knowing that I’m not going to let someone else be responsible for the way that I feel!

And I regard to the assessors? I do not believe there is ANY RTA that is filled with “bad, mean, or “out to get you” testers, I also know that the pleasant ones that will be friendly, engage in conversation with you and make you feel at ease will fail you if you do not meet the requirements of your test they’ll just happen to do so in a nicer way than the others who look like they’ve run of “Preparation H ☺!

So What Can You Do To Make Sure That Everything Runs Smoothly On The Day Of Your Test? Well You Could Start By Being TOTALLY Prepared!

I have also met many young and not so young learners that cannot be bothered to make ANY effort to read their “Road users guide” or “a guide to the driving test” They think ‘winging it” is the way to go. These are the same people that will spend \$150+ dollars on repeating their tests because they KEEP repeating the same mistakes!

The below is taken from my “Kims Tips Sheets” you’ll be able to access my complete P plate Pass Kit For FREE a \$55 value at the bottom of this page.

Fill Out Your Log Book-when you do each driving session (if log book requirements are needed!) That way you won’t have to “bodge” the hours 2 days before your test and you’ve only written up 20 hours. **YES it happens!**

Do NOT use pencil! Make sure your instructor (if you use one) puts the lessons in the BACK of the book as well as writes them in the area where YOU write your hours up

Tally the total up on each page so when your assessor on the day of your test checks your book he or she finds EVERYTHING correctly filled out, neatly written and easy to understand.

The last thing you want is to be sent home before you have even taken your test because your logbook lacks the required amount of hours or your supervising drivers signature is not in the back of the book.

How Your Logbook Can Determine Whether Or Not You'll Pass Your Test!

Keeping your logbook neat, tidy and well presented may seem like a trivial thing, just like keeping your car clean inside and out. It isn’t! The way you keep your personal environment reflects the state of your mind. Having everything organised means you’ll be able to FOCUS on what you need to without “stressing out”



Okay I may be a little “anal” because I’m probably the best organised person I know. I hate clutter, put things in the same place all the time (mostly) and throw things out on a regular basis that I don’t use, but I also don’t get stressed looking for lost keys, lost wallets, wading through piles of junk to find receipts etc.

I lead a busy life and having my environment in harmony with my lifestyle means things “flow” and I am able to accomplish what I need to with less hassle because of my lack of organisation! There are many books written on this subject and even would you believe, people who make a living showing others what to throw out and what to keep.

My view is when you throw out what you don’t need you make a bigger opening in your life for what you do need or want to come to you 😊



Okay now we come to the day of your test!

Make sure that your car is completely roadworthy! Check your brake lights, horn, indicators etc BEFORE you’re at the RTA more than one learner has blown their \$ through not checking that their indicators are not working properly! You haven’t even MOVED and you’ve failed and NO you will not get your \$ back!

In fact carry some spare bulbs for your indicators and brake lights as a precaution and KNOW how to change them if it becomes necessary-quickly!

Make sure that you have everything checked and laid out that you’ll need, your L plates on, your license, your test application filled out, money for your test etc.

Make sure that your car is clean and tidy on the inside and its clean on the outside, it reflects on you and first impressions DO count! Oh and arrive 15 minutes or so early so you’ll feel more relaxed, and speaking of relaxing, the very worst thing that can happen is that you’ll have to take the test again so chill, *and besides you’ll have done all your homework and lots of practise, read the “Road Users Guide” and listened to the “Guide to The Driving Test”-you HAVE done that haven’t you 😊*

If you’re taking the test in the morning have a little bit of protein for breakfast such as an egg on wholegrain toast or similar. Protein helps to make you mentally alert. Naturally you’ll have had a good nights sleep and will be feeling refreshed! If you are taking the test in the morning be very careful of school zones because that’s where you’ll be taken through if it’s within school hours.

Drive at 5KMPH UNDER the speed limit that way you won’t have to worry about your speed. Use exaggerated movement when doing your “head checks” your assessor will be very much on the ball to see that your looking left and right taking off from an intersection. Make SURE you doing your scanning regularly!

Your assessor may or may not make conversation with you, your job is to concentrate on what YOU’RE doing remember that, just because they’re being nice to you doesn’t mean that they won’t fail you if you’re not doing the correct thing!

If you make a mistake during your test and miss a turn while driving keep calm and carry on! You will not fail for simply that. They’ll give you instruction about what to do next. **However** don’t make that mistake more than once!

Whether you pass or fail (and I FULLY expect you to pass if you’ve followed what’s in this guide) have your supervising driver drive you back home, that’s in the guide to the driving test and it explains why.

Kim’s Fit 2 Drive School Helping To Make You A Better Safer Driver As Well As Pass Your Test!

www.fit2driveschool.com Phone Kim on 040977160



How to make learning EASY and FUN!

I believe school is never out for any of us and I am continuing to further my skills in all areas of my life. Why? The mind is very much like any other muscle it shrinks if you're not using it ..seriously! Whether you want to pass your driving test first time, land a better job, start your own business(driving instructor anyone?) make more money drive a better car, Knowledge or the application of knowledge will help you to achieve all that and more. Generally speaking mentally active people are happier and more productive than their mentally inactive counterparts, and as we age (Yep were ALL going to get older!) this becomes even MORE vital.

Below are some very fundamental ways to make learning fun without “stressing”

Set rewards for yourself after mastering a particularly difficult topic, maybe it's reverse parallel parking or maybe it's completing 5 exercise sessions for the week, this idea works in all areas of your life.

Practise “conscious thinking” if your ten minutes of reading or listening/learning etc is on a Wednesday at 5pm set your environment up. Know that this is YOUR time, and you have made a conscious decision that you will not be disturbed for that amount of time that your undertaking. As I write this I have my oil burner going along with some special music that helps to concentrate. Don't over think, or over analyse!

Just do it, a great website is <http://zenhabits.net> you'll learn all sorts of interesting things about achieving mastery in all areas of your life. If you're doing longer periods of study take as many small frequent breaks as you need. *Make a decision that you will enjoy your task and you will find it easier!*

In your situation as a learner driver you will need to read “The Road Users Guide” and make sure that you have as much knowledge of it as possible.

Set a certain amount of time(yes 10 minutes is good!) and just read a few pages and do that every day or every second day and use a red pen or highlighter to mark pieces that are of particular importance to you.

How To Ease Your Nerves On The Day Of The Test, A Very Simple Way That WORKS!

On the day of your test focus on being **a SAFE driver** and applying what you've read, watched and listened to and you will pass your Ps first time. Take the emphasis OFF getting your Ps and make the focus on obeying all the road rules!

You also have the right to find out what you failed on! If you did fail get your assessor to be SPECIFIC about what items you failed on and where the “fail” items occurred. You also have the right to lodge an appeal if you feel you were unfairly discriminated against.

Now Here's A Present That May Help!

Go to www.fit2driveschool.com and get a free lesson if you live within 20 K of Blacktown NSW and here's my “Pass Your P Plate Test First Time Kit”

Go To: www.fit2driveschool.com/pppkitdownload.html



Kims websites:

www.fit2driveschool.com
www.blacktownfitness.com
www.powercardiosecrets.com
www.workoutofthe-week.com
www.fabulouslyfitforever.com
www.fitnessmarketingstrategies.com

About Kim:

For over 25 years I've been involved in the health and fitness industry.

From being part owner/Instructor of a martial arts studio in Adelaide to managing, teaching and training within the fitness industry in a variety of roles, including personal training, sales and telesales training and as the author of "Fitness marketing Strategies" I've helped dozens of fitness business owners around Australia to gain more members / clients and deliver better service to their customers.

I'm the author of the "Blacktown Fitness Newsletter) as well as the creator of a number of different fitness orientated products which I gave away to our members at Definition health club in my role of marketing and telemarketing manager. These are products that I've created that align with my personal philosophy of delivering a first class customer service experience in a field that I'm passionate about-health and fitness!

So why did I become a Certificate 4 driving instructor?

It's easy, the answers above:-) It's my now 4 year old daughter. I'd simply like to take my focus away from working in an indoor environment which I've been doing for a very long time and while still working for myself have some more time with her, the swimming lessons, martial arts, etc, oh and also being outdoors, I love camping! I also enjoy teaching and after talking with a friend who'd been a driving instructor for 18 years I decided that this is what I wanted to do



Thanks again and please let me know if I can be of further help All The Best On The Day & Safe Driving Regards Kim!

Kim's Fit 2 Drive School Helping To Make You A Better Safer Driver As Well As Pass Your Test!
www.fit2driveschool.com Phone Kim on 040977160